

## EMPLOYEE REQUEST

Please describe the nature of your sincerely held religious observation, practice or belief that conflicts with Burrell's mandatory vaccination requirement and the reason for your request for a religious exemption.

I am not a part of any organized religion. I follow the voice of Spirit through my own personal meditation and reflection on religious texts. These go beyond mere preference or philosophy. I communicate with the God that resides in me and the God that resides in all living beings. By following the voice of Spirit I am walking in the path of love and goodness. Sometimes the voice of spirit will illuminate scriptures and other spiritual texts and will guide me to be in line with the truth that is revealed to me personally. It is for each person to listen to the voice of God within themselves and to follow those words. I believe that when I reject those words, ignore the texts that are illuminated to me, or choose not to follow the direct commandments of Spirit, I am choosing a path of ego and selfishness that will have a negative karmic impact on my spiritual awakening and the overall collective consciousness of all beings (that are primarily spiritual beings). By following the illuminated voice of Spirit within me I am adhering to my deeply held religious beliefs that I choose daily not to falter from.

I have read the following texts in my meditations with spirit:

"A Mosque that was founded on piety from the first day is worthier for you to rise up therein; in it are men who love to purify themselves; and *Allah loves the ones who keep themselves pure.*"  
Quran 9:108

"One's body is inviolable, subject to one's own will alone...The freedoms of others should be respected, including the freedom to offend. To willfully and unjustly encroach upon the freedoms of another is to forgo one's own."

Tenants 3 & 4 of the Church of Satan

"Your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body."

1 Corinthians 6:19-20

"We see the concept of healing or health having to do fundamentally *with not the physical vehicle nor simply with the mind or mental vehicle but, rather, we see healing as that which creates a broader or deeper faith, for what is health but the just proportion or balance of energies within the individual self.* Health is not simply a matter of sickness and curing sickness. Health has to do with the balance of energies within the self so that the self is tuned, shall we say, as much as can be *achieved by the seeker to a continuing awareness of the self as a child of the infinite Creator.*"

The Channellings of Q'uo, February 13, 1994

"The Self is eternal amid the transient; pure consciousness amid limited consciousness; those that realize God is seated the Self experience eternal peace...in the one among many and the fulfiller of all desires; let people everywhere be happy, let everyone be free of disease, let everyone see good everywhere, let no one meet with sorrow...OM! PEACE!"

Upanishad Meditations

With divine speech we (the eternal) bear you out of the reaches of evil (Nirriti) and endow you with life (asu), life-energy (prana), healthy longevity (ayu), and mind (mana)...Ascend out of darkness, come to light, we hold your hands...Light has emerged, darkness has departed you; we set you away from evil (Nirriti), death and disease."

Atharva Veda Mantras

As I pray and meditate on these texts, Spirit guides me with this word:

You are a temple, don't be bullied by the world, but love the world. Each person is here to make their own mark, to make their own decisions; your purpose is to love, your purpose is to be a light through your body. Do all things in love, and respect those that do not agree with you, but respect only in love. You are guarded from evil in the same measure by which you show light and breed love. Keep your body pure from things that may change who you are. Don't adhere to evil or fear. While medicine is available to those that may need it, you are a child of love and light. Be a reflection of light by making healthy choices. Before acting in fear, before reaching for relief of fear through pills, shots, and medicine, seek me. Ask, do I need this to reflect light? Will this show that I am not afraid? Be guided only by love and light. Be guided by the health that is within you. You say "I AM healthy." you say "I AM whole." So it is.

This study and reflection on the voice of Spirit has guided me to hold the spiritual and religious belief that I should not be vaccinated against this virus and that Spirit will protect me from this virus. And by doing so, I will be showing the love and light of our infinite creator and the health that comes from showing love and by reflecting light will shield me from the evil that comes from force and the violence of fear.

Would being vaccinated for COVID-19 interfere with your sincerely held religious belief or your ability to practice or observe your religion? If so, please explain.

As explained above, by being forced to get vaccinated out of fear for disease, it will go against my personal and sincere belief that I am a child of love and light and that my body is a temple

and reflection of Spirit, and that I should always choose to respect the decisions of others, and use my own temple to reflect love and light, health and wholeness, which is not reflected when being forced to make choices out of fear. This was a message given to me in my meditation with Spirit, and to go against the words of spirit and to deny the power of the voice of God in my life will have a negative impact on my own karmic awakening, and the collective consciousness of the unitary universal consciousness that is within all living beings.

Does your sincerely held religious observance, practice or belief prohibit you from being vaccinated for all vaccines, COVID-19 vaccines, a specific type of COVID-19 vaccine, or some other type of vaccine? Also, if you have received vaccines as an adult against other diseases (e.g., flu or tetanus) but you have a religious objection to COVID-19 vaccines, please provide a brief explanation.

As I consider taking medication for anything, whether it is cancer, cramps, viral infection, or other disease, I pray for Spirit to guide me and direct my steps to reflect the love and light of their infinite wisdom, and that all decisions are guided by love and not by fear.

To the best of my recollection, I do not believe I have received any vaccines as an adult, but as my beliefs have evolved, and as I currently am guided by Spirit, it is certainly my intention to follow this path going forward.

Is there anything else you would like us to know about your request?

I pray that any decision you make will be guided with love and light and that you will seek the voice of Spirit that is within each living being, and that I will not be forced to make choices from seat of selfishness, fear, or violence, but that I can shine my love and light and show those around me that the Spirit of God guides us all on our personal journeys of faith. Such journeys of faith do not adhere to the authority of man's voice from the pulpit, or the dogma of cultural power structures. Rather Spirit guides me through all religious outpourings and teaches me from an individual, deeply held, religious belief that guides my steps each day as I meditate and pray.